

WHO WE SERVE

A range of services is offered to meet the needs of children, adolescents, adults, and their families. Some of the types of problems that are addressed include:

- * Learning Disabilities
- * Developmental Disabilities
- * Attention Deficits or Hyperactivity
- * Autistic Spectrum Disorders Including Asperger syndrome
- * Eating and Sleep disorders
- * High irritability, temper tantrums, anger management
- * Problem anxieties and phobias, excessive shyness, fearfulness, or withdrawn behavior
- * Attachment and separation problems
- * Oppositional, aggressive, Impulsive, or disruptive behavior
- * Depression other Mood Disorders
- * Problems with interpersonal and social skills
- * Obsessive-compulsive behaviors
- * Adoption issues
- * Post-Partum Depression

ITS:PALSS
10605 Concord Street
Suite 100
Kensington Maryland 20895
Address Correction Required



ITS: PALSS
PSYCHOLOGICAL
AND
LEARNING
SUPPORT
SERVICES

CALL FOR AN
APPOINTMENT
301-962-0800



SERVICES:

Assessment and Diagnosis
Diagnostic services that are available include: educational evaluations to assess learning abilities and academic performance

- ✓ assessment of personality, mood problems, attention, and dynamic interpersonal interactions
- ✓ complete school and developmental record review for school planning
- ✓ guidance, social skills groups for school aged and teen-aged children
- ✓ insight oriented psychotherapy for school-aged children, adolescents, and adults

Professional Team

ITS: PALSS is staffed with professionals who believe in the principals of wholistic and integrated therapy approaches to address social emotional needs, self-regulatory capacities, coping and learning needs across all settings.

Georgia DeGangi Ph.D

Clinical Psychologist

Cheryl Holland Ph.D

Clinical Psychologist

Daniel Griffin Ph.D

Clinical Psychologist

Suzanne Keith Blattner M.S. Ed.

Educational Consultant

We are very pleased to welcome

Dr. Jean Thomas,

Child Psychiatrist

in November 2008

TREATMENT

- * Play therapy provided individually and in small groups'
- * Parent-child dyadic therapy
- * 'Psychotherapy
- * Parental guidance
- * Social skills groups for school aged and teen-aged children
- * insight oriented psychotherapy for school-aged children, adolescents, and adults
- * Cognitive-behavioral therapy
- * EMDR (eye movement desensitization response therapy)
- * Family psychotherapy
- * Tutoring & Academic Coaching

